



May Health Events

“Allergies”

Identify and Eliminate Allergies

by Dr. Katharine Gandy

Thursday, May 20th 6:00 pm

Spring is here and with it comes an environmental awakening of all the senses. Here at Jensen Health & Energy Center, we'd like to bring our focus to identifying, understanding, and managing the "allergy" response.

Join us to learn about the various symptoms associated with this heightened immune response, the difference between allergy and intolerance, and what alternative treatments are available to help.

We will discuss methods of allergy testing, allergy elimination techniques (NAET) and support products and treatments for specific reactions as well as offer great self-help tips!

Effective Whole Food Solutions and Herbal Strategies for Allergies

by Dr. Todd Shulfer

Wednesday, May 26th 6:30 pm

Learn how combining the correct whole food supplements and quality herbals can help alleviate the symptoms of allergies. These simple but effective herbs can treat the symptoms of allergies as well as strengthen the body against reaction to the allergen if taken properly. Don't suffer through another allergy season. Learn how to strengthen your immune system today.

Call 262-782-1616 to register

All Sessions held at the Jensen Health & Energy Center located at

500 Elm Grove Road, Suite 325

(corner of Bluemound and Elm Grove Roads)

www.health-energy.com